

Frequently Asked Questions:

Q: What is The Health Trust?

A: The Health Trust is a public benefit corporation committed to advancing wellness in order for Silicon Valley to become the healthiest region in the nation. The Health Trust makes grants, provides services, and raises funds to solve community health issues. For more information about our programs and services, please visit our main web site at www.healthtrust.org.

Q: Do you offer evening and/or weekend opportunities?

A: Yes. Outreach, education, and direct service programs provide opportunities for evening and weekend experiences and are offered throughout the year. For instance, The Food Basket volunteers pack and deliver food to clients with HIV/AIDS once a month, on Friday evenings and Saturday mornings. There are also volunteer opportunities on Saturdays and some evenings at The PlaneTree Library, as well as on Saturdays at The Living Center. The schedule of outreach activities can be accessed online or through the Community Partnerships office.

Q: As a student, can I fulfill my service learning hours through your programs?

A: Yes. Students can help with some of our programs as well as other special events. Students, age 18 and over, who are insured and licensed drivers can deliver hot meals with a time commitment of six months. Students also provide support with office work after school.

Q: Are there opportunities for groups or families to volunteer?

A: Yes, groups of people have adopted routes in our Meals On Wheels program, for instance. Many even bring young children along. The group can choose a day (or days) to be responsible for the delivery of meals, and then schedule drivers for those committed days. The Food Basket is another program in which groups of friends or family members often volunteer together to pack and deliver food for homebound clients. Groups can also deliver holiday meals, participate in our special events, and take on special projects, such as preparing holiday gift bags.

Q: What time commitment is required?

A: The time commitments vary according to the program. We can accommodate people who wish to volunteer on either a short-term or long-term basis.

Q. Can I volunteer for more than one program at a time?

A: Yes. For example, it is not uncommon for someone to assist at the Food Basket while also volunteering with Meals On Wheels or at The Living Center at the same time.

What You Can Expect From The Health Trust

As a volunteer, you will:

- Receive a job description for your assignment.
- Be trusted with confidential information that will help carry out assignments.
- Be appreciated and recognized.
- Receive orientation, training, and supervision
- Be encouraged to offer your suggestions about your assignment and The Health Trust volunteer program.
- Be valued for your contributions to The Health Trust and the community.

What The Health Trust Expects From You

As a volunteer, we ask that you:

- Know your position responsibilities and how to do them promptly, correctly and pleasantly.
- Cooperate with staff and your fellow volunteers and maintain a good team attitude.
- Voice your opinions and contribute your suggestions to improve the quality of The Health Trust.
- Attend all training sessions scheduled for your assignment.
- Sign-in each time you arrive for a work assignment, or keep a time card as requested by your coordinator.
- Inform your volunteer coordinator as soon as possible of any planned absence or lateness.
- Wear any required uniform or ID badge at all times.
- Keep all communications with or concerning clients confidential.